



**Chipped Tooth/Filling out:** It may be sensitive to hot, cold, sweets or sharp to the tongue.

- Over the counter temporary filling such as DenTemp can be placed
- Over the counter orthodontic wax can be used to cover chipped area
- If it is not sensitive, sometimes a nail file can be used to round the sharp edge.



**Temporary crown came off:** It may be sensitive. The crown needs to be replaced to hold the space for the permanent crown.

- You can use denture adhesive to replace the crown at home.
- Toothpaste can be used to replace the crown for a short term fix.
- If temporary is broken but in place, leave the remaining part of the tooth.
- If temporary is broken and completely off, you will need an appt to remake it.



**Swelling:**

- Swelling typically requires antibiotics. You may visit an urgent care clinic or the emergency dentist on call.



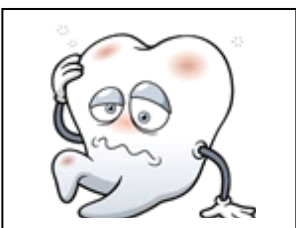
**Pain:**

- Due to the opioid crisis in America, we rarely prescribe narcotics for pain.
- Over the counter ibuprofen and tylenol are effective in managing pain.
- If the emergency dentist is unavailable, you may visit an urgent care clinic.

**TMJ**

**TMJ Pain:**

- **Avoid hard crunchy food**      - **Use over the counter nightguard**
- **No gum chewing**                - **Use anti-inflammatories such as Motrin**
- **Alternate moist heat and ice**   - **Use good posture and sleep on your back**



**Knocked out tooth:**

- Baby teeth-typically no treatment is needed if out completely
- Permanent tooth- either place completely back in socket immediately (rinse tooth, do not scrub) or place tooth in milk-get to dentist or ER asap.